

## December 2022 Newsletter

December is upon us and right around the corner brings another new year! At this time of year, we like to reflect and celebrate all the great things that have happened throughout the year.

One of the most exciting moments of 2022 was the official groundbreaking for the NEW Emergency Department. Eighteen months from now, we can anticipate the doors opening to the NEW Emergency Department and allow our healthcare team to serve you better and meet the needs of our growing community. We look forward to celebrating each milestone with you, our faithful donors.

**It takes an entire community  
to help build a  
NEW Emergency Department.**

**Thank you for your trust, ongoing  
love, and support for your hospital.**

**Because of your generosity,  
we have accomplished  
this momentous task.**

We wish you and your families a very Merry Christmas and best wishes for a happy and healthy New Year!

### Healthy Futures. Together!

- We Asked & You Responded; Numbers Have Been Tallied
- 14th Annual Bowes Brother's Home for Christmas Concert Raises More Than Ever

### Upcoming Events

- WIN a Free Youth ATV; Get your tickets before December 23
- Catch the Ace Jackpot is Growing; Now OVER \$27,000.00
- Hackberry Men's Shed Raising Funds with Christmas Trees

### Foundation In Action

- How Will You Keep Your Love Going?

### Community Donor Spotlight

- #SkylarStrong; Grateful Patient and Donor Story

### Hospital News

- Updated Visitor Guidelines; Keeping You and Your Family Informed

**Merry Christmas and all the best  
wishes for health and happiness in the  
New Year!**



*from the CPDMH Foundation Board of  
Directors and Foundation Team*

## Love Your Hospital We Asked & You Responded


Throughout the month of November, we asked the community and surrounding area to show their love for their hospital and the healthcare heroes at the Carleton Place & District Memorial Hospital (CPDMH), and that YOU did!

During the Match My Gift and Giving Tuesday campaign, gifts received by the community exceeded our Team Vitals' additional commitment of \$50,000.00 for a total of \$51,282.50.

Together a grand total of was raised towards the Healthy Futures. Together! NEW Emergency Department Campaign.

**\$101,565.00!**

was raised towards the Healthy Futures. Together! NEW Emergency Department Campaign.

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Our community has raised an impressive  
**\$51,282.50**  
during Match My Gift  
& Giving Tuesday

*Thank you!*

**We asked and YOU responded...**

Thank you for your gift during our Match My Gift Campaign and Giving Tuesday! Team Vital, your healthcare heroes at the Carleton Place & District Memorial Hospital have matched your gifts dollar-for-dollar for a grand total of

**\$101,565.00**

**A community building Healthy Futures. Together!**



# Healthy Futures. *Together!* Building for the Future

## Bowes Brothers 14th Annual Home for Christmas Concert an Overwhelming Success



After two holiday seasons without the Bowes Brother's Home for Christmas Concert, members of the community from near and far came out to enjoy the magic of the season and to hear the musical talents of the Bowes Brothers, Gail Gavin, Dave Brown, Wade Foster, and Eddy & the Stingrays earlier this month.

With a SOLD OUT crowd, all funds raised will contribute to the Healthy Futures. *Together!* NEW Emergency Department Campaign at CPDMH.

### An outstanding **\$10,150.00**

was raised through ticket sales and the Carleton Place and District Civitan Club 50/50 raffle. This is the largest total raised in the 14-year history of the event.

These funds will help support the building of the NEW Emergency Department and the purchase of vital patient care equipment.

Because of community events like this, we can keep exceptional healthcare close to home and accessible for many generations!

Thank you to everyone that made the Home For Christmas Concert such a great success. A special shout out to the Carleton Place & District Civitan Club for the ongoing support of community events like this through their 50/50 raffle sales.





# Upcoming Events

## Events and Community Fundraisers

Each month community fundraising events are hosted by local businesses and supporters of CPDMH Foundation to help raise much needed funds to support the needs of your community Hospital.

Funds raised through community and private fundraising events help to purchase patient care equipment and help put the most up-to-date tools in the hands of your healthcare providers.

## Get YOUR Ticket Before It's Too Late

**the foundation**  
CARLETON PLACE & DISTRICT MEMORIAL HOSPITAL

**Healthy Futures. Together!**

**MH** CARLETON PLACE & DISTRICT MEMORIAL HOSPITAL

# YOUTH ATV DRAW

Tickets \$10.00 each or 3 for \$25.00 \*\*Valued over \$3000.00!

**YAMAHA**  
Revs Your Heart

2022 YFZ 50

**WIN ME!**

**CARLETON PLACE MARINE**  
ESTD 1972

Draw date:  
December 23rd at 12PM  
at Carleton Place Marine.

All proceeds go to  
Carleton Place &  
District Memorial  
Hospital Foundation

Tickets available at:  
CP Marine,  
CPMDH Hospital Foundation,  
CP Chamber of Commerce & Cavanagh Construction

Don't miss out on your chance to WIN a brand new Youth ATV for that someone special this Christmas. Think of the happy sounds of joy you could give to a child this holiday season.

Tickets are \$10 each or 3 for \$25.

Proceeds from all sales will support the Healthy Futures. *Together!* NEW Emergency Department Campaign.

The draw takes place Friday, December 23rd, 2022 at 12 noon at [Carleton Place Marine, 1073 9th Line Beckwith](#), Hwy 15 Carleton Place, ON. Come out and join us!

## Get Your Tickets Today for Your Chance to WIN!

CARLETON PLACE'S  
**CATCH THE ACE**

Jackpot  
OVER  
\$27,000.00!

BUY TICKETS

PLAY WEEKLY TO  
WIN THE  
GROWING JACKPOT

BUY YOUR TICKETS AT  
CPCATCHTHEACE.CA  
License # R41072814

IN SUPPORT OF

## Handmade Christmas Trees Creating Noise This Holiday Season

# Christmas Tree Fundraiser

proceeds from all sales will benefit the Healthy Futures. *Together!* NEW Emergency Department and healthcare in your community.

Trees can be purchased at the following locations throughout Carleton Place  
CP Chamber Office, Mona's Pharmacy, Graham's Shoe Store,  
The Granary, Whatever Custom Prints...

For more information contact Doug Johnson at  
dougjohnson70@outlook.com  
text or call 613-451-0424

Small \$10  
Medium \$15  
Large \$20

In support of:

For more details please visit:  
<https://www.cpdmhfoundation.ca/foundation>

Hackberry Men's Sheds and the very talented community resident Pelagie have teamed together and volunteered to create these beautiful handmade Christmas trees with all proceeds supporting the Healthy Futures. *Together!* NEW Emergency Department Campaign.

The beautiful hand-crafted trees can be found throughout the community of Carleton Place and as far as downtown Ottawa, in a little coffee shop on Bank Street.

Please contact Doug Johnson at **613-451-0424** or by **email** for more information.

# Your Foundation In Action

## Keeping You Informed

### HOW WILL YOU KEEP YOUR LOVE GOING?



Through all the challenges of the last two years, your healthcare team at your local hospital has never stopped working. In fact, the number of patients walking through our doors to receive care; visit loved ones recovering from surgery and illness; and attend medical appointments, has increased.

The communities we serve are growing. So too is the need to raise funds; not just for the new Emergency Department building currently under construction, but also for 100% of all medical equipment used throughout the hospital. Each year replacement and new medical technology which is vital at your hospital costs upwards of \$500,000.

Our determination to provide this and more for the Carleton Place & District Memorial Hospital (CPDMH) has made us look for ways to do things differently. This is why we have partnered with Will Power, a national movement inspiring Canadians to think differently about charitable giving, and support the causes they care about through a gift in their Wills.



Receiving excellent healthcare close to home at your hospital is clearly close to your heart. But did you realize that you can make a large and lasting contribution to the CPDMH Foundation through a gift in your Will? Without using any of the resources you need now, or taking away from loved ones? Even 1% of your estate could result in a truly powerful gift, while still leaving 99% for family and friends.

Want to learn more? The [Will Power website](#) has resources to show you how you can turn your Will into a powerful tool for change. I have compiled a few for you here:

#### Why You Should Leave A Charitable Gift in a Will

(2 minute read)



#### Have Your Cake and Eat It Too

(3 minute read)



Your trust in our work and your support have been fundamental in helping us forge ahead. And we hope you'll keep the love going. Please reach out if you have any questions, I would love to walk you through how a gift in your Will to the CPDMH Foundation could be used.

*Robyn Arseneau*  
Executive Director

P.S. For more on how we use gifts in Wills at the CPDMH Foundation, visit at our [CPDMH Foundation Will Power page](#).



# Community Donor Spotlight

## Thanking Community Donors!

### #SkylarStrong I Have So Much More Life to Live

Nineteen year old Skylar Etherington says she lost part of her adolescence when she went through cancer treatments at the age of 18.

But what she gained was a sense of community and the desire to give back to all those who helped her fight this dreadful disease - including the care received by the team at CPDMH.

To read more about Skylar's journey and how she gave back to her community hospital, please follow

<https://www.carletonplacehospital.ca/newsroom?newsid=450>

for the FULL #SkylarStrong story!

### Ashton & Community Hang-out/Take-Out is Back

Thank you to the fine folks out in Ashton and surrounding area for all their kindness on Giving Tuesday. This fantastic group of individuals hosted their 1st breakfast group since the pandemic hit and raised a phenomenal \$2,711.10 through in-kind donations and from their baking and craft sale. To learn more about the Ashton & Community Hang-out/Take-out group, visit our website, <https://www.carletonplacehospital.ca/foundation>

## Hospital News

### Sharing is Caring

#### Updated Visitor Guidelines

**MRHA** Mississippi River Health Alliance  
 Almonte General Hospital • Carleton Place & District Memorial Hospital  
 Fairview Manor • Lanark County Paramedic Service



Visiting hours for Almonte General Hospital and Carleton Place and District Memorial Hospital are 10 am to 9 pm daily. By entering the building you are confirming that you pass screening questions posted on the door. Hospital provided masks must be worn at all times and you may be required to wear additional PPE. Keeping patients, staff and the community safe is our number one priority. We will continue to carefully monitor this process and adjust our policy as required by directives received from Public Health and the Ministry of Health.

Essential caregivers may be present outside of visiting hours and when another visitor is at the bedside.

**Essential Caregiver Criteria:**

- Parent/ caregiver for a child under ≤ 16 years of age
- Provide required medical history for someone with reduced mental capacity
- Frail elderly
- Requires assistance with mobility
- Requires assistance with feeding
- Language barrier
- Emotionally distraught, mental health crisis

**Please note the following visitor guidelines:**

Clinical Services	# of Visitors or Essential Care Partners	Notes
Admitted patients in: <input type="checkbox"/> Med/Surgical Unit (AGH & CPDMH) <input type="checkbox"/> Rosamond Unit (AGH)	Two visitors per patient per day *one visitor at each bedside at any given time, presence is restricted to the bedside of the patient they are visiting Visitors 14 or younger must be accompanied by an adult	Clinical manager or delegate (i.e. Team Lead/Charge Nurse) may make exceptions on compassionate grounds
<b>Admitted Patients at End-of-Life</b>	Discretion of the clinical manager or delegate	Overnight visitors permitted for patients at end of life
<b>Emergency Department</b>	One caregiver/guardian or accompanying person	For the duration of the ED stay while in assessment room Clinical manager or delegate (i.e. Team Lead/Charge Nurse) may make exceptions on compassionate grounds
<b>Obstetrics</b>	<b>Labour/Delivery:</b> <input type="checkbox"/> Two support persons <input type="checkbox"/> Overnight stay permitted <b>Postpartum:</b> <input type="checkbox"/> One support person may stay 24/7 <input type="checkbox"/> Family visits are permitted <input type="checkbox"/> Visitors 14 or younger must be accompanied by an adult	Clinical Manager or delegate (i.e. Team Lead/Charge Nurse) may make exceptions on compassionate grounds
<b>Obstetrical Ultrasound</b>	Partner present for ultrasound	
<input type="checkbox"/> Diagnostic Imaging <input type="checkbox"/> Day Surgery <input type="checkbox"/> Ambulatory Care Clinics <input type="checkbox"/> Physiotherapy	One Essential caregiver or accompanying person	



# Our Commitment To You, Our Donors



We are here for you, our donors, volunteers, friends, partners and stakeholders *all year round.*

Please do not hesitate to call the Foundation office and ask to speak with one of our friendly team members to learn about the many manageable ways of giving and how your donation will enhance healthcare in your community.

We look forward to hearing from you!



**CALL 613-257-GIVE(4483)**

Visit our Website  
[carletonplacehospital.ca/foundation](http://carletonplacehospital.ca/foundation)



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